AMSER Case of the Month May 2025

40-year-old female with newly diagnosed left breast ductal carcinoma in situ (DCIS) presents for workup of additional incidental finding in the contralateral breast

Samuel Roy, M2, Cooper Medical School of Rowan University

Tiffany Clausen, MD (PGY-2), Cooper University Health Care

Pauline Germaine, DO, Cooper University Health Care









Patient Presentation

- HPI: Patient is a 40-year-old female who initially presented for baseline screening mammogram and was found to have bilateral abnormalities. She was recalled for diagnostic workup of both breasts.
- PMHx: None
- Medications: None
- Family Hx: Maternal aunt diagnosed with lymphoma at age 65. Maternal grandfather diagnosed with lung cancer at age 70s. Maternal great aunt diagnosed with breast cancer at unknown age.
- Physical Exam: Pea-sized nodule directly underneath the areola at 12:00 on the left. No masses palpated on the right. No axillary lymphadenopathy.

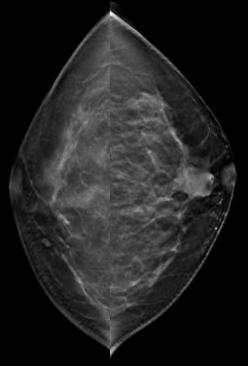


Pertinent Labs

None



Screening mammogram findings (unlabeled)





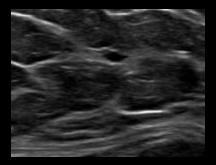
Right breast CC view

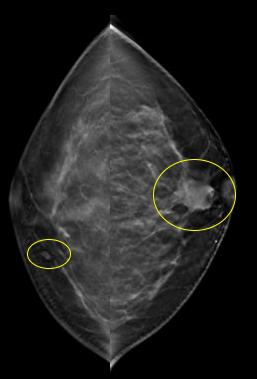
Left breast CC view

Screening mammogram findings (labeled)

Oval circumscribed sub centimeter mass in the upper inner right breast

Targeted ultrasound of the area demonstrated a simple cyst





Partially obscured mass in the subareolar left breast

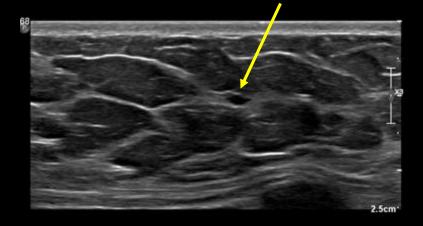
Targeted ultrasound and subsequent ultrasound-guided core biopsy was performed, and pathology results demonstrated DCIS



Right breast CC view

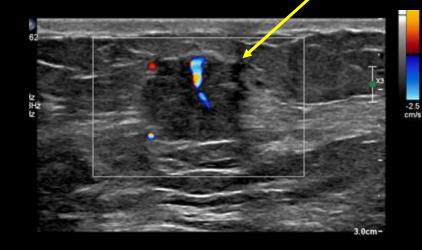
Left breast CC view

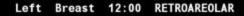
Breast ultrasound findings (labeled)



Right Breast 2:00 7 CMFN ARAD

Targeted ultrasound of the right upper inner quadrant demonstrated a 0.4 cm cyst, corresponding to the mammographic findings.





Targeted ultrasound of the retro areolar left breast demonstrated a 1.7 x 1.8 x 1.2 cm irregular microlobulated hypoechoic mass, which demonstrates internal vascularity on color Doppler. Pathology results showed DCIS.



At this point, the patient is diagnosed with DCIS in the LEFT breast and simple subcm cyst in the RIGHT breast.

What Imaging Should We Order Next?



Select the applicable ACR Appropriateness Criteria

New 2024

American College of Radiology ACR Appropriateness Criteria® Imaging of Ductal Carcinoma in Situ (DCIS)

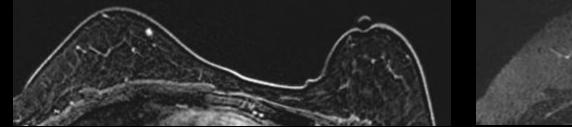
Variant 1: Adult. Newly diagnosed DCIS. Initial imaging.

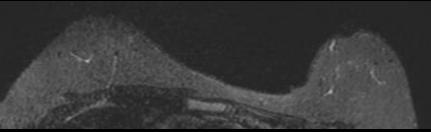
Procedure	Appropriateness Category	Relative Radiation Level
Digital breast tomosynthesis diagnostic	Usually Appropriate	ଟଟ
Mammography diagnostic	Usually Appropriate	€€
US breast	May Be Appropriate	0
MRI breast without and with IV contrast	May Be Appropriate	0
Mammography with IV contrast	Usually Not Appropriate	ଡ ଡ
MRI breast without IV contrast	Usually Not Appropriate	0
CT chest with IV contrast	Usually Not Appropriate	ତ ତତ
CT chest without and with IV contrast	Usually Not Appropriate	ଚଚଚ
CT chest without IV contrast	Usually Not Appropriate	ହହହ
FDG-PET breast dedicated	Usually Not Appropriate	ହ ତ୍ତ
Sestamibi MBI	Usually Not Appropriate	ହହହ

This modality was ordered by the surgeon to stage the disease



Breast MRI findings (unlabeled)



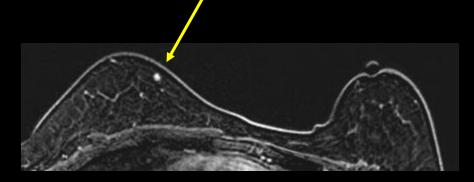


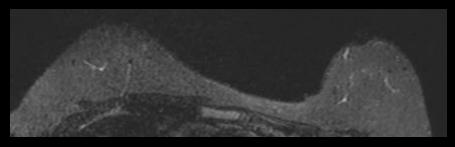
T1 fat-saturated postcontrast axial subtraction MRI

Axial STIR



Breast MRI findings (labeled)





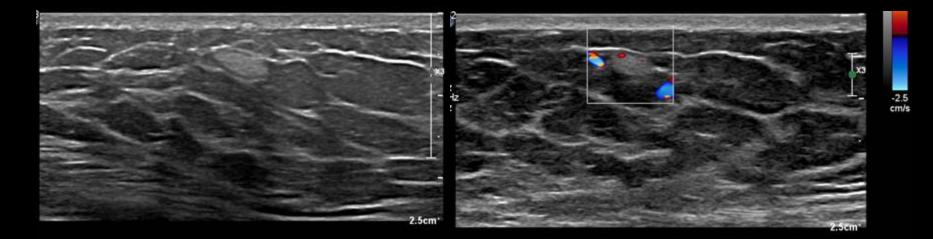
T1 fat-saturated postcontrast axial subtraction MRI

Axial STIR

Right breast: 5 mm oval circumscribed mass with homogenous enhancement without corresponding T2 hyperintensity. Targeted ultrasound was recommended for further characterization.



Second look right breast ultrasound findings (unlabeled)

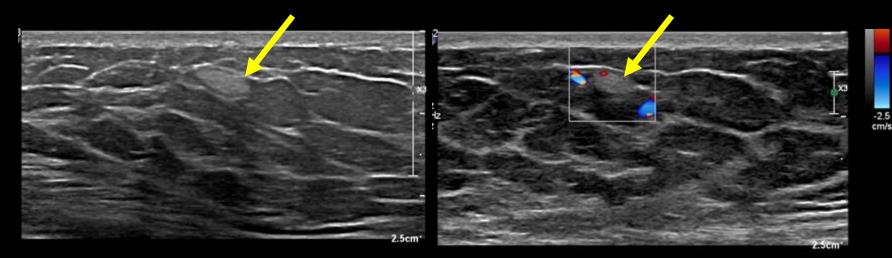


Right Breast 1:00 5 CMFN Rad

Right Breast 1:00 5 CMFN A Rad



Second look right breast ultrasound findings (labeled)



Right Breast 1:00 5 CMFN Rad

Right Breast 1:00 5 CMFN A Rad

Targeted ultrasound of the right upper inner quadrant demonstrated an echogenic, circumscribed, parallel 5mm mass with a thin hypoechoic rim and mild associated vascularity.

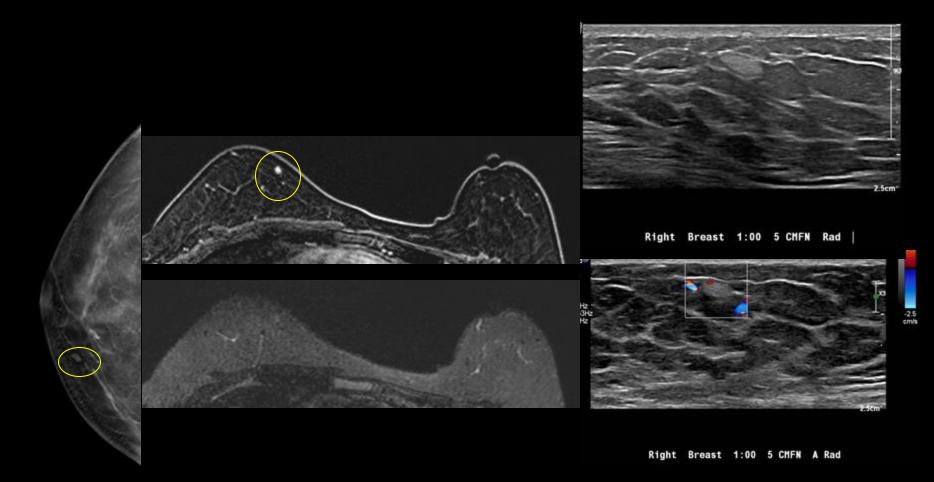
MASER

- Ultrasound-guided biopsy of the 5 mm right breast mass was requested for complete characterization prior to definitive LEFT breast surgery.
 - Pathology was consistent with cavernous hemangioma.
- The sub centimeter cyst in the right breast seen on initial ultrasound likely did not correspond to focal abnormality seen on screening mammogram.

Final Dx:

Cavernous Hemangioma of the Breast





Case Discussion

Background:

- Breast hemangiomas are rare, benign tumors of vasculature that account for 0.4% of all breast tumors.¹
- Classified into capillary, cavernous and venous subtypes, of which cavernous breast hemangiomas are the most common.²
- There is no evidence that shows that breast hemangiomas can spontaneously progress to malignant angiosarcoma.³

Diagnosis:

- Most cases are discovered incidentally on imaging and are found in up to 11% of port-mortem female specimens.¹
- Initial diagnosis can be difficult due to variability in imaging features and resemblance to low-grade malignant angiosarcoma or ductal carcinoma in situ (DCIS).^{2,4,5}
- Definitive diagnosis is through imaging-guided core biopsy.¹
- Immunohistochemical markers of vascular endothelium such as CD31, CD34, and ERG can also help confirm the diagnosis.^{2,5}



Case Discussion

Management:

- Historically have been excised to avoid underdiagnosis of true breast malignancies.^{3,4}
- However, recent studies suggest that most biopsy-confirmed hemangiomas do not need to be removed.^{3,4}
- Continued indications for prompt surgical excision include cellular atypia and rapidly enlarging size.^{3,4}
- Discordance between radiographic and pathologic findings may indicate malignancy and is another indication for removal.^{3,4,5}





- 1. Salemis NS. Sinusoidal hemangioma of the breast: diagnostic evaluation management and literature review. Gland Surg. 2017 Feb;6(1):105-109. doi: 10.21037/gs.2016.11.06. PMID: 28210560; PMCID: PMC5293651
- 2. Aydın OU, Soylu L, Ercan Aİ, Bilezikçi B, Özbaş S. Cavernous Hemangioma in the Breast. J Breast Health. 2015 Oct 1;11(4):199-201. doi: 10.5152/tjbh.2015.2421. PMID: 28331722; PMCID: PMC5351427.
- 3. Sebastiano C, Gennaro L, Brogi E, Morris E, Bowser ZL, Antonescu CR, Pareja F, Brennan S, Murray MP. Benign vascular lesions of the breast diagnosed by core needle biopsy do not require excision. Histopathology. 2017 Nov;71(5):795-804. doi: 10.1111/his.13291. Epub 2017 Sep 8. PMID: 28644513; PMCID: PMC5708168.
- Alysha Dhami, Meng Hao, Uzma Waheed, Brittany Z Dashevsky, Gregory R Bean, Breast Hemangiomas: Imaging Features With Histopathology Correlation, Journal of Breast Imaging, Volume 6, Issue 3, May/June 2024, Pages 288–295, https://doi.org/10.1093/jbi/wbae011
- 5. Huina Zhang, Bradley M. Turner, Hani Katerji, David G. Hicks, Xi Wang, Vascular lesions of the breast: Essential pathologic features and diagnostic pitfalls, Human Pathology Reports, Volume 26,2021,300570, ISSN 2772-736X, https://doi.org/10.1016/j.hpr.2021.300570.

